

CEAN Advance Care Planning Workshop Program

How public volunteers are helping others to start
the conversation around Advance Care Planning

April 11, 2017

About Vancouver Coastal Health (VCH)

VCH is a large, public agency providing comprehensive health services including primary, community and acute care, as well as public health, to over 1 million people (25% of BC's population).



About the Community Engagement Advisory Network (CEAN)

CEAN (Community Engagement Advisory Network) is a group of volunteers who work with VCH to advise us on health care services planning and delivery from the perspective of the patient and family member.



What is Advance Care Planning?

Advance Care Planning is a process where a capable adult thinks and talks about what is important to them in relation to their health care wishes, in advance of a situation when they may be unable to make their own decisions.



Poll Question #1:

Have you thought about who would make decisions for you if needed?

The Beginnings

- On-going partnership with Community Engagement key to developing advance care planning within VCH
 - The importance of CEAN's interest in ACP in the "early days" ; the Community Reference Committee for the Palliative Care Strategy supported developing Advance Care Planning
 - CEAN ACP Forum March 2010—VCH Board, Senior leadership team and public—shaped directions for organization policy and stressed need for public education



Key Themes from the CEAN ACP Forum for Public Education

- Importance of the conversation
- “For the public by the public”



Poll Question #2:

Have you talked with your family about your health care wishes in the event you could no longer speak for yourself?

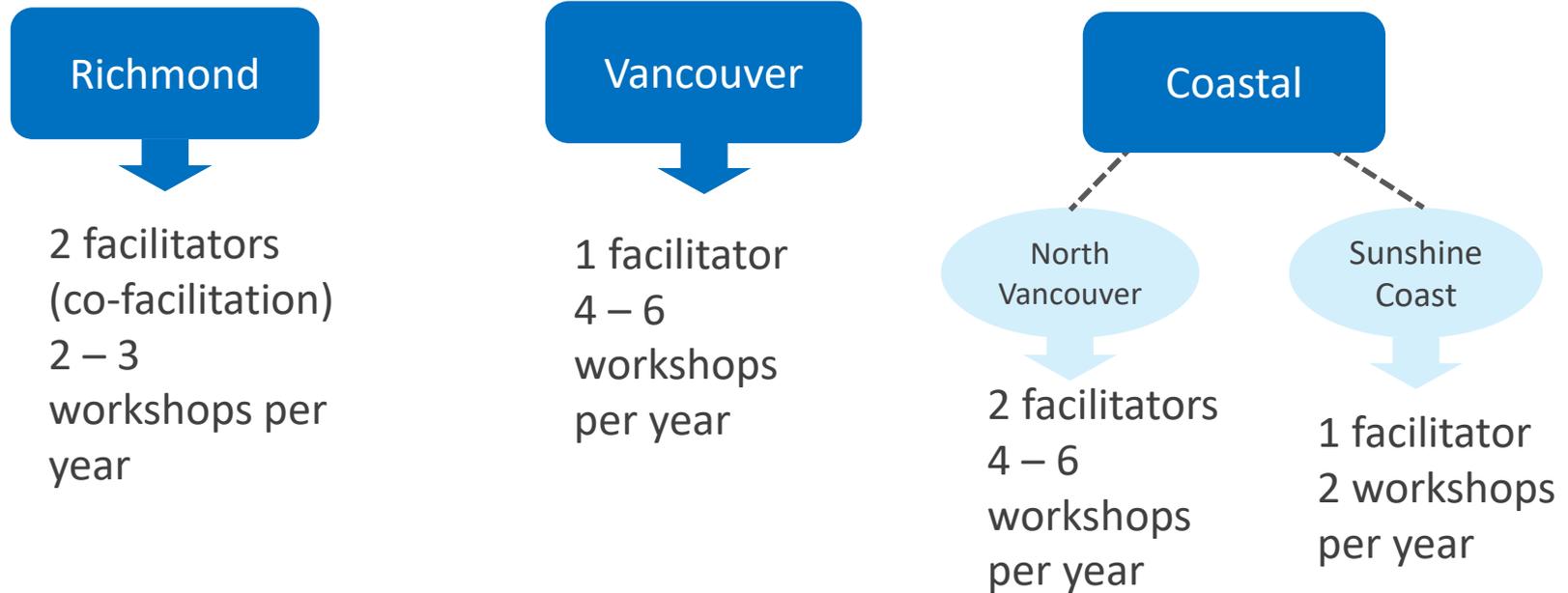
Preparing CEAN ACP Volunteer Facilitators

- Recruited interested members of public—commitment to ACP most important!
- Provided education about ACP and reinforced their role as educators and facilitators— to support the participants in discussing ACP with their families/friends/health care providers , we need to model discussions



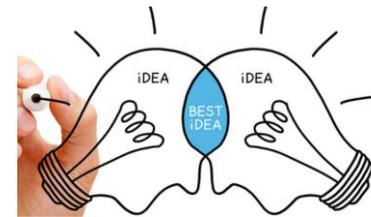
ACP Program Overview

Workshops began in Spring of 2011 and occur in each of VCH's communities of care each spring and fall



Engagement is key, collaboration essential

- Each volunteer facilitator has developed their own workshop with speaking points and resources
- Facilitator's draw from their own experiences and engage with workshop participants to encourage conversation and trust
- Handout for public has been developed with the help of the facilitators – is revised and reviewed as needed by the team
- Group supports one another as a team – reaching out to each other when help is needed
- Each workshop concludes with an evaluation to support ongoing review and reflection
- Administrative support is provided by the Community Engagement team – program has adapted to survive with very little resources – previously workshops were not offered regularly at VCH sites



On-going support for program

- Revisions of content based on new provincial legislation (2011)
- Revisions and affirmation of our CEAN approach through participation in BC Centre for Palliative Care research project exploring volunteer facilitated public education
- Acknowledgement of value
 - VCH People First Award
 - IAP2 Core Values Award



Poll Question #3:

Has anyone heard of health programs that have a peer lead approach where they come from? If yes, what kind of health program?

What workshop participants have said...

“Thank you for the opportunity to start the conversation with my mom. This is a great starting point and now I will think about my own plan too!”

“The personal stories by facilitators truly helped me understand the process, the challenges, etc. I think this made the presentation so much more engaging. This was great.”

Thank you!

For more information visit:

<http://cean.vch.ca/cean-at-work/advance-care-planning-workshops/>

Or get in touch:

ce@vch.ca

604-714-3779